# Rotary Club of Bright

Vol. 57 Issue 38



**President: Graham Cocks** Ph. 03 5755 1404



The next meeting of the Rotary Club of Bright will be held on Thursday 31st March at the RSL 6.15 for 6.45pm Confirmation of your attendance or an apology must be received by Steve Webb by mid-day on the TUESDAY prior to the meeting either by email: s.wdd@bigpond .net.au or by phone 0419 611 405

> Guests are always welcome at Club meetings but please book with the Club, telephone 03 5755 1818

# **The Rotary Four Way Test**

Is it the truth? 1.

3.

- 2. Is it fair to all concerned?
  - Will it build goodwill and better friendships?
- 4. Will it be beneficial to all concerned?

# **ROTARY GRACE**

"For good food, for good fellowship, and the privilege to serve through Rotary, We give thanks." AMEN

# **Presidents Report**

# LAST WEEK:

Last weeks breakfast meeting at Cherry Walk Café was enjoyed by all, even by those who arrived with sleep still in their eyes.

# **THIS WEEK:**

We shall be at the RSL with Patrick O'Shea as guest speaker speaking on his experiences in Tasmania with the NBN roll out.

## **REMINDERS:**

# 1. NEXT WEEK - VOLUNTEERS DINNER:

This Dinner is to acknowledge the assistance we have received from our many volunteers over the year at a number of our projects. It shall be a partner's night and is being held at the Bright Chalet at a cost of \$25.00/head.

There shall also be an induction held for Phil Staff.

# 2. PAUL HARRIS DINNER: - Organised by RC of Milawa Oxley

This meeting is on Tuesday 19 April at 6.00pm for 6.30pm @ the Gateway Hotel Wangaratta and is in lieu of our regular Thursday meeting for that week.

Cost is \$45/head with drinks at bar prices.

The Guest Speaker shall be PDG Bruce Allen, Rotary Foundation Manager from South Pacific Regional office at Parramatta.

An indication of numbers shall be sought soon.

## 3. GUEST SPEAKERS:

If know of any potential guest speakers please advise Michelle or myself so that they can be followed up.

# 4. HIGH PLAINS TRIP (lan Stapleton)

# lan's Proposed trip to Fitzgerald's Hut - Bogong High Plains.

The trip has now been set for Sunday 17th April.

An indication of numbers shall be sought soon.

# A rough outline of the trip is:

9.00am	Leave Bright and drive to Watchded Creek near Rocky Valley Dam.				
10.30am	Head out on reasonably easy one and a half hour walk to Fitzgerald's Hut. (About a mile and a half of easy uphill on an SEC jeep track, followed by an hour or so of easy level going following a pole line in the snow grass.				
12.00pm	Light the fire and have lunch at Fitzgerald's.				
1.00pm	Head back along the same route, with optional half hour detour to nearby Kelly's Hut.				
3.00pm	Arrive back at vehicles. Head home (via the recently restored Wallace's Hut for those who wish)				
5.30pm	Arrive back at Bright.				

## IAN's NOTES:

- (1) Everyone would need to bring sturdy footwear, gloves/mittens, and wind/water proof jacket. Also, picnic lunch to have at the hut.
- (2) A reasonable level of mobility/fitness is required. It's not a hard walk, but most people are tired by the end. Don't ask me about kilometres or kilojoules I don't have any understanding of that. But it's a good half day walk in and out for most people. All the kids who go to Mittagundi manage it, and a lot of them aren't fit or motivated! Most people could do it.

# BRIGHT ROTARY CLUB SAUSAGE SIZZLE ROSTER Mar/Apr. 2016 SETUP by 9am CLOSE by 1pm (subject to sufficient business.)



Date	Cook	Server	Cashier
Apr 2	Patrick O'Shea	Andrew Mior	Chris Young
April 9	Sid Dalbosco	Graham Cocks	Sue Manning

If you are unable to work your shift please arrange a swap with another member on the roster and advise Stephen Webb of the swap – 0419611405 or s.wdd@bigpond.net.au

Pony Club 4<sup>th</sup> Saturday monthly as per their Club's roster. Chris Young volunteer please email roster to... y.chris@iinet.net.au

# The Board of Directors for 2015/16

President: Graham Cocks

President Elect & Club Administration: Michelle Chalwell.

Past President: Bruce McDonald

Secretary: John Martin.

Treasurer: Wayne Phillips.

Community Service: Geoff Hall.

International Service: Stephen Webb.

Public Relations: Sue Manning.

Membership: Patrick O'Shea.

Foundation: Sid Dalbosco.

Vocational Service & Youth Service: Graham Cocks.

# Birthday and Wedding Anniversaries

# Happy Wedding Anniversary To:Andrew & Amanda Mior 3<sup>rd</sup> April



# **DINNER ROSTERS**

**Amended** 07-02-2016

		Chairperson			
MARCH	31	President	Wayne Phillips; Allan Poyner; Sid Dalbosco.		
APRIL	7	Patrick O'Shea	Geoff Hall; Kathryn Levy; Steve Gilliver.		
	14	Terry Gibbons	Sue Manning; Dee Hedley; Diana Feltrin.		
	21	Steve Gilliver	Diane Gibbons; John Dodd; Terry Gibbons.		
	28	President	Ray Borschmann; Ken Hart; Bruce Kilpatrick.		
MAY	5	Bruce Kilpatrick	Fraser McNaught; Andrew Mior; Patrick O'Shea.		
	12	Andrew Mior	Rob Moore; Michelle Chalwell; Andrew Pook.		
	19	Fraser McNaught	Wayne Phillips; Allan Poyner; Sid Dalbosco.		
	26	Sue Manning	Geoff Hall; Kathryn Levy; Steve Gilliver.		
JUNE	2	Rob Moore	Sue Manning; Dee Hedley; Diana Feltrin.		
	9	Andrew Pook	Diane Gibbons; John Dodd; Terry Gibbons.		
	16	Allan Poyner	Ray Borschmann; Ken Hart; Bruce Kilpatrick.		
	23	Wayne Phillips	Fraser McNaught; Andrew Mior; Patrick O'Shea.		
	30	Change Over Mtg.			

# **Up Coming Programs**

Mar-31	Thur	RSL	General Meeting G/S Patrick O'Shea
Apr-02	Sat		Sausage Sizzle
Apr-07	Thur	<b>Bright Chalet</b>	Volunteers Dinner
Apr-09	Sat		Sausage Sizzle
Apr-10	Sun		District Ass at Benalla for Incoming Directors 2016/2017
Apr-14	Thur	???	??? Board Meeting
Apr-16	Sat		Sausage Sizzle
Apr-19	Tue	Milawa/Oxley	Paul Harris Dinner
Apr-21	Thur		No Meeting
Apr-23	Sat		Sausage Sizzle
Apr-25	Mon	RSL	Anzac Day BBQ for RSL
Apr-28	Thur		Gala day Float Prep
Apr-30	Sat		Gala Day Market and Parade

### Good afternoon Secretaries

Rotarian Bruce Key of the Rotary Club of Belvoir Wodonga has proposed that a database be maintained of Rotarians who are willing to host visiting Rotarians in their home. The examples given are guest speakers or other Rotarians travelling on official Rotary business, or indeed just passing through.

Bruce wrote to the DG.

"My idea is that within Rotary we should have an organization, possibly a Rotary Fellowship, where members such as myself could register their willingness to host Rotarians on official business (or even just passing through).

When someone such as an AG or the DG was going to be in town, they would look up the list of people who were willing to host and ring one. If it did not suit for whatever reason they could ring someone else on the list until success was achieved.

If such an organization existed within Rotary or even within 9790, I would be on it because Joy and I love to host different people and being empty nesters we have the rooms available. The advantages of such an arrangement should by obvious (even more so to a DG)."

The District Board considered this proposal and determined that whilst it would not be taken on as a District project, the idea had merit and invited Bruce Key to maintain the database. Bruce has agreed to this. Can you please circulate amongst your members and invite any Rotarian interested is invited to contact Bruce direct to register their interest.

Thank you. Please note queries should, in the first instance be directed to Bruce.

Thank you.

Bill Wilson District Secretary, District 9790 Web Manager, EClub of 9790 Latrobe

# Hello from the Healthy & Wise Program soon to run in Benalla and Bright 2016

Please consider letting your friends, family, clients or colleagues know of this opportunity for the people of the Benalla and the Bright communities

Feel free to pass on the flyers attached.

# Do you...

Feel in need of a boost?
Are you keen to make the most of your life?

Then the **Healthy & Wise Program** may be for you

The 9 week program is being hosted for men and women over 55 who want to improve their health, wellbeing and satisfaction with life and have a wealth of life experience to draw on and share with others.

# Topics Include:

The interconnectedness of mind & body physical health & wellbeing; Dealing with changes in life: Managing and reducing stress;

Relaxation (learn some relaxation techniques)'

Depression (what it is & how to beat it)

How to make the most of your memory; Medical, financial and legal issues;

Coping with bereavement and loss; Enjoying the age you are!

# Benalla:

**When -** each **Friday** between 29<sup>th</sup> April – 24<sup>th</sup> June 2016 at 10.00am-12.00noon **Hosted by – Benalla Health**,

Where –Benalla Community Care Centre, 45 Coster Street Benalla Cost – gold coin donation each week, with once off \$5.00 for program booklet

# **Bright**:

**When -** each **Thursday** between 28<sup>th</sup> April – 23<sup>rd</sup> June 2016 at 10.00am-12.00noon **Hosted by – Alpine Health**,

Where –Bright Community Health Centre, Cobden Street Bright Cost – gold coin donation each week, with once off \$5.00 for program booklet

Morning tea will be provided.

Please note <u>bookings are essential</u> as places are limited ENQUIRIES/BOOKINGS:

Sue Cowan (03) 5722 1784, Older Persons Mental Health Service - Albury Wodonga Health

Sue Cowan Mental Health Promotions Officer

Older Persons Mental Health Service 82A Murdoch Road Wangaratta 3677

Ph: 03 57 221 784 Fax: 03 57 215 605

Email: Sue.Cowan@awh.org.au,



Donald Trump honoured by Native Americans.

Donald Trump was invited to address a major gathering of the American Indian Nation two weeks ago in upstate New York.

He spoke for almost an hour about his plans for increasing every Native American's present standard of living. He referred to how he had supported every Native American issue that came to the news media. Although Mr Trump was vague about the details of his plans, he seemed most enthusiastic and spoke eloquently about his ideas for helping his "red sisters and brothers."

At the conclusion of his speech, the Tribes presented him with a plaque inscribed with his new Indian name, "Walking Eagle."

The proud Mr Trump accepted the plaque and then departed in his motorcade to a fundraiser, waving to the crowds.

A news reporter later asked the group of chiefs how they came to select the new name they had given to the Donald.

They explained that "Walking Eagle" is the name given to a bird so full of s--it it can no longer fly.

(With thanks to Jennie Gilliver)